
Education

University of Lisbon/ PhD - Performing Arts and the Moving Image

2021-PRESENT, LISBON, PORTUGAL

Fundació Universitat de Girona + Teatro de los Sentidos/ Masters - Synchronicity and Meaning Making;

Postgraduate - Sensorial Language and Poetics of Play

2018-2020, BARCELONA, SPAIN

Bennington College/ Bachelor of Arts - Concentration in Theater, Ecology and Public Action

2014-2018, BENNINGTON, VT, USA

Mahindra United World College of India / International Baccalaureate

2011-2013, PUNE, INDIA

Original Works & Performances

Photography of the Photographer/ Participatory Installation

2025 - BARCELONA, SPAIN

About Dark Dark Nights/ Original Work, Director, Writer, Voice Actor & Producer

2021 - PRESENT, SEVERAL INTERNATIONAL LOCATIONS

The Unknown Island/ Original Work, Adapted from José Saramago's Short Story with the Portuguese

Community Theater of Barcelona

2021, BARCELONA, SPAIN

How to Become a Flower/ Original Work, Director, Writer & Producer

2020-PRESENT, SEVERAL INTERNATIONAL LOCATIONS

Living Statue Festival of Coimbra / Washerwoman Living Statue; Dir. António Santos

2019, COIMBRA, PORTUGAL

La Casa de la Memoria (The House of Memory) / Original Work, Co-creator & Performer; Dir. Enrique

Vargas & Teatro de Los Sentidos Company members

2019, BARCELONA, SPAIN

Eleven Duets & Two Trios Over Fourteen Feet & Seventy Toes /Original Work, Choreographer & Performer

2018, BENNINGTON, VT, USA

Seeds of the World - a Puppet Show! / Original Work, Director, Writer, Producer & Performer

2018, BENNINGTON, VT, USA

Talking to Cleaning Supplies / Original Work, Choreographer, Performer & Mask maker

2017, BENNINGTON, VT, USA

Why Dance Now? / Dancer; Choreo. Rebecca Brooks

2017, BENNINGTON, VT, USA

Our Domestic Insurrection Circus & Pageant & Other Bread and Puppet Theater Shows/Performer,

Puppeteer, Singer & Instrumentalist; Dir. Peter Schumann & The Bread and Puppet Theater

2017, GLOVER, VT, USA

Me & My Bacteria - A Group Piece / Original Work, Writer & Performer; Dir. Kirk Jackson

2017, BENNINGTON, VT, USA

The Don Juan Project / Actor - Gusman; Dir. Jean Randich

2015, BENNINGTON, VT, USA

Teeth Cut Butter Pants / Choreographer & Performer

2015, BENNINGTON, VT, USA

Wonderland / Original Work, Adapted from Lewis Carrol; Director, Writer, Producer

2013, PUNE, INDIA

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Social Practice & Ecology Projects

MORTALS + / Workshop facilitator at art, community and HIV+ group developed by Albert Potrony

2025, BARCELONA, SPAIN

Plum Village Happy Farm / Volunteer farmer & herbalist at Zen Buddhist Monastery

2024, PLUM VILLAGE, FRANCE

SAMP / Intern - Assisting Theater Groups for Families and Patients with Chronic Pain; Assisting Music Classes for Babies and Toddlers; Assisting Music Therapy Visits to Elderly Homes

2018, LEIRIA, PORTUGAL

Bennington Seed Library/ Project creator, team manager, community organizer

2016-2018, BENNINGTON, VT, USA

The Sable Project / Farm hand at rural artistic residency project

2017, STOCKBRIDGE, VT, USA

Purple Carrot Farm / Managing Farm Intern, artistic & community event organizer; educator

2016 - 2017, BENNINGTON, VT, USA

Bennington College/ Farming Pre-Orientation developer & leader

2016, BENNINGTON, VT, USA

East End Eden Permaculture/ Farm hand at permaculture food forest project

2016, OJAI, CA, USA

Colectivo Sustento / Intern - Assisting Theater Group in the Colina 2 High Security Prison

2015, SANTIAGO, CHILE

Vanastree/ Farm hand, seed saving and teaching at women's empowerment seed saving collective

2014, SIRSI, KARNATAKA, INDIA

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Teaching Experience

Portuguese Community Theater of Barcelona / Teacher & Director

2019 - 2021, BARCELONA, SPAIN

Collage Creative Language Center / Little Actors Program Coordinator

2019 - 2021, BARCELONA, SPAIN

Manor Courses Summer Schools / Activity Leader for Theater & Dance

2018, HURSTPIERPOINT, UK

Village School of North Bennington / After School Theater Teacher

2017, BENNINGTON, VT, USA

Entepola - International Community Theater Festival /Clown Teacher

2015, SANTIAGO, CHILE

Homeschooling Families/ Art, English and Spanish Teacher

2013 - 2021, SEVERAL INTERNATIONAL LOCATIONS

Conferences, Trainings and Workshops

II Bollos et Al. Lesbian Feminist Conference Research presentation

2025, BARCELONA

Critical and Creative Responses to Iatrogenic Harm in Mental Health Practices Research presentation

2024, IRELAND

Bollos et Al. Lesbian Feminist Conference Research presentation

2024, BARCELONA

The Politics of Trauma: Embodied Transformation, Social Action and Love

2023-2024, ONLINE

Zen and the Art of Saving the Planet / Engaged Buddhism

2023, ONLINE

Room to Bloom Mentorship Program/ For emerging ecofeminist & postcolonial artists

2022-2023, ITALY & ONLINE

The Wandering, Winding Way of the Wound with Bayo Akomolafe

2022, ONLINE

Mutability & Mutualism II with the Institute for Postnatural Studies / Queer Ecologies

2022, ONLINE

SCARS – Secció Clínica de Arts Aplicades a la salut i la rehabilitació Social / Trainings in Expressive Arts

Therapies, Trauma and Embodiment

2020-2021, BARCELONA, SPAIN

Physical Theater Training Group with Stéphane Lévy at Moveo

2019, BARCELONA, SPAIN

Bont's International Clown School - Creation Block

2019, MENORCA, SPAIN

Clown Consciousness with Pau Rossel - Levels 1, 2 & 3

2018-2019, BARCELONA, SPAIN

Root Skills Conference/Environmental and social justice grassroots work

2017, NH, USA

Bread and Puppet Theater / Apprentice - Making, Sowing & Repairing Puppets as well as Supporting

Communal Living Through Gardening & Cooking.

2017, GLOVER, VT, USA

New England Women's Herbal Conference

2017, NH, USA

Embercombe Catalyst Course/ On youth leadership and sustainability

2013, EXETER, UK

Grants & Scholarships

Portuguese Foundation for Science and Technology Scholarship/ To perform doctoral research

2022-PRESENT

Brockway Faculty Scholarship & UWC Davis Scholarship / To attend Bennington College

2014-2018

New England Grassroots Environmental Fund/ To support the Bennington Seed Library

2017

Kamal Shaikh Memorial Grant/ To work with Colectivo Sustento

2015

UWC Scholarship/ To attend the Mahindra United World College of India

2011-2013

Languages

Native Portuguese, Proficient English, Fluent Spanish, Fluent Catalan